

Precautions When Using the Recovery Accommodation Facility

Please follow the instructions of the staff for safe recovery during your stay.

- ① We will check your health using the health check system “LAVITA”. Please check the leaflet “Daily Health Check” to see how to use it, and input your health condition 3 times a day (by 8:30, by 13:00, and by 18:30) after each meal.
- ② You will spend your time in a private room (with a bath and a toilet) in the facility. You cannot leave the room during your stay.
- ③ Other people are also recovering in the facility. Therefore, please do not commit acts that interfere with their stay. For example, do not make noise.
- ④ You cannot drink alcohol or smoke in the facility.
- ⑤ Please do not post about your time in the facility on social networking sites.
- ⑥ Basically, you will incur no expenses to use the facility. However, if you damage the facility, the facility may charge you a repair fee.
- ⑦ Please use the mobile phone you have brought with you to contact those outside the facility. You cannot use the telephone in your room to contact those outside the facility.
- ⑧ We will serve you lunch boxes every day at 8 a.m., 12:30 p.m. and 6 p.m. (scheduled). Please do not open the door until we inform you by in-facility announcement that the lunch boxes are served.
- ⑨ We distribute wristbands for identification in an emergency. Please wear it while you are staying in the facility.
- ⑩ You can receive supplies of provisions from family and friends. However, you cannot accept it directly. Please use a courier delivery service.
- ⑪ We cannot receive refrigerated/frozen packages, cash on delivery, packages specified by delivery time zone, or food/drink delivery.
- ⑫ Please put the garbage in your room into a garbage bag and put it outside your room when you take your breakfast on the days marked with a circle in the table below. Please discard leftover drink in PET bottles in the washbasin before crushing the bottles and disposing of them as garbage.

Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Garbage Collection	○	×	○	×	○	×	○

- ⑬ You will be discharged on the day when you meet the following discharge criteria.
<Discharge Criteria>
 - (1) For those who have symptoms:

When 10 days have passed since the date on which your symptoms started and when 72 hours have passed since your symptoms alleviated*¹

(2) For those who are asymptomatic with pathogens:

When 7 days have passed since the date on which your sample was collected*²

*1: This refers to when your fever has alleviated without using fever medicine and when your respiratory symptoms are improving.

*2: This refers to the date on which the sample relating to your positive COVID-19 test was collected.

- ⑭ You cannot return home on foot, so please be picked up by your family, etc. or take the facility's bus. The office staff will ask how you return home about 3 days before your discharge.
- ⑮ The certificate of recovery in the accommodation facility will be issued for those who need it. After leaving the facility, fill out the application form in the URL below and mail it to the reception desk.

URL:<https://www.pref.gifu.lg.jp/page/135725.html>

If you have any questions or concerns during your stay, please contact us using the information below.

●Matters relating to health: Nurse's Room Ext. 5210

●Other matters: Staff Office Ext. 5220

*Reception hours are from 7 a.m. to 9 p.m. Please contact us anytime if you are feeling unwell or in an emergency.