

How to Safely Enjoy Rivers

It's a lot of fun to play by the river in the summertime. But sometimes, it can be dangerous, like when the water level suddenly rises. Please follow these five rules so you can have a safe time enjoying the rivers.

Five Rules

- 1 There are many living things in rivers. Take time to appreciate the many plants and animals like birds, bugs, and fish.
- 2 Don't play by the river without an adult. Never go to the river alone.
- 3 Rivers are fun, but they also can be scary. Think carefully and protect yourself for your own safety.
- 4 The conditions of a river may change suddenly. Always watch the weather, and the current and volume of the river.
- 5 If you want to get into the water, make sure to wear a life jacket.



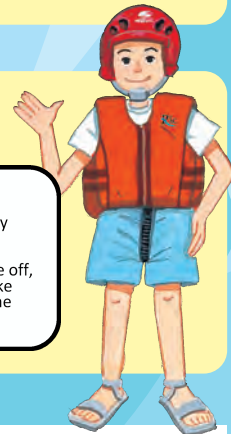
Cautions for Spending Time at Rivers

1. Don't let your child go to a river unattended.
2. Don't allow your child to go to a river when the level has increased after rain.
3. Promptly follow any instructions given by police or fire fighters.
4. Pay attention to the current and depth of the river which may vary from place to place.
5. Check the conditions of the river with your cell phone or computer.
6. Check the surrounding conditions of the river such as the presence of jet skis.



What to Wear When You Go in the Water

1. Wear a life jacket.
2. Choose clothes that can dry quickly even if they get wet.
3. Wear shoes you can get wet which won't come off, like water shoes or swimming shoes. (Shoes like flip-flops are dangerous because they can come off easily!)



Gifu Prefecture River-Related Disaster Prevention information

Check Gifu Prefecture's rainfall and water level in real time!
<http://www.kasen.pref.gifu.lg.jp/>



Gifu River and Road Safety Alerts

Receive automatic emails with region-specific information on heavy rains, flooding, road closures, and other natural disasters.
<https://service.sugumail.com/gifu/member/>



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Take your trash home with you to keep the rivers clean.

Source: The River Foundation, "Waterside Safety Handbook"

